

**Hydradermie<sup>2</sup> (1hr 15 mins)**

An exclusive treatment using Galvanic and High Frequency. Double Ionisation penetrates the active ingredients deep into the skin for optimal results. Customised for each skin type with Rehydrating, Regenerating and Deep Cleansing effects.

**Hydradermie<sup>2</sup> Age Logic (1hr 45 mins)**

Specially designed anti-aging Hydradermie<sup>2</sup> facial concentrating on the eyes, face and neck. It includes cleansing, exfoliating, galvanic, high frequency, serenity massage and mask. Specialised serums are applied to the eye and neck area to nourish and firm, thereby helping to prevent wrinkles.

**Hydradermie<sup>2</sup> with Lift Express (1hr 45 mins)**

This treatment incorporates both the *Hydradermie<sup>2</sup>* with the *Lift Express*. A lifting treatment that also tones the skin and firms the face from deep down by muscle stimulation. At the end of the treatment your face looks smoother, firmer and visibly younger.

**Hydradermie<sup>2</sup> Lift Express (1hr)**

High-tech lifting treatment. This 'work out' for the face and neck creates a lifting effect by toning the complexion, smoothing wrinkles and lifting the facial contours. Ideal for clients who want a quick treatment. It includes cleansing, exfoliating, lymphatic drainage and muscle stimulation.

**Hydradermie<sup>2</sup> Lift (1hr 15 mins)**

Uses lymph drainage and a safe effective microcurrent to eliminate toxins, improve skin tone and work on the underlying muscle structure to 'lift' and firm the face, eye area and neck. Hydradermie<sup>2</sup> Lift is suitable for all skin types. The treatment includes cleansing, exfoliating, lymphatic drainage, muscle stimulation, massage and mask.

**Hydradermie<sup>2</sup> Lift Ultra (1hr 30 mins)**

This treatment blends the *Liftosome* and *Lift Express* treatments. The ultimate facial, your skin feels the benefits of orange extracts, ginseng and collagen used in the *Liftosome*, followed by the rejuvenating lifting effect from the *Lift Express*.

**Hydradermie<sup>2</sup> Lift Deluxe (2hrs 15 mins)**

This incorporates the *Lift Express* and the *Hydradermie<sup>2</sup> Age Logic*. A complete deluxe treatment facial lifting, firming and deeply cleansing to give a total luxury treatment.

**Hydradermie<sup>2</sup> Lift Yeux (1hr)**

This version of the treatment specifically targets the area around the eyes to reduce signs of ageing, fatigue and puffiness. It rehydrates and regenerates, as well as 'lifting' the eyelids and smoothing fine lines, to restore a relaxed rejuvenated look to the whole eye area.

**Beaute Neuvé (1hr)**

A facial treatment based on the use of fruit acids and fruit enzymes, amino acids (proteins) and vitamins. These provide a renewing effect on the skin. This treatment is suitable for all skin types and all ages.

**Liftosome Facial (1hr)**

The *liftosome* facial has been specifically developed to treat the problems associated with 30+ skins. Using a high concentrate of Vitamin C, the treatment will strengthen elasticity and firmness whilst stimulating cellular regeneration.

**Aromatic Facial (1hr)**

A holistic treatment based on the use of essential oils and plant extracts. These ingredients in combination with a specialised massage routine promote feelings of relaxation and well being.

**Hydradermie<sup>2</sup> Bust Treatment (1hr)**

A firming treatment toning and hydrating the elastic tissue that supports the bust. This improves overall appearance resulting in firmer more youthful looking breasts, whilst offering the same beneficial effects of the Hydradermie<sup>2</sup> treatment.

**Hydradermie<sup>2</sup> Back Treatment (1hr)**

A relaxing back treatment that deeply cleanses, rehydrates and gently moisturises the skin. The treatment improves the texture and condition of the back leaving the skin glowing. It is especially helpful for acne sufferers, temporary skin problems and hydrating the cumulative effects of exercising and washing routines.

**Absolue Minceur (1hr 15 mins)**

A relaxing, slimming and firming body treatment with visible results from the first treatment. *Absolue Minceur* gel is applied to reduce any orange peel effect and for smoothing the skin. Essential oils are used to drain and absorbing clay to draw off excess water and toxins. This is then rounded off with massage to enhance the effects of the active ingredients.

**Body Bien-Être (1hr 30 mins)**

This is a luxury treatment for a very sleek and spoilt feeling. It involves an invigorating body scrub, a gentle cleanse, followed by a relaxing back, neck and shoulder massage. The *Bien-Être* tones and rehydrates the skin leaving a natural radiance.

**Pregnancy Pampering Treatment (2hrs)**

Full body exfoliation and luxury massage combined with a facial using plant based products. The treatment focuses on areas of the body that are affected by discomfort from pregnancy such as the lower back, legs, ankles and feet. Designed to pamper, revitalise and soothe expectant mothers.

**Aromatic Body (1hr 15 mins)**

A natural treatment with essential oils, clay, sugar cane and kiwi extract. A combination of slimming, skin softening and relaxing treatments combining the energy of essential oils and the expert techniques of your therapist. A moment of pure pleasure and effective slimming.

**Techi Spa (1hr 30 mins)**

An advanced treatment to help eliminate cellulite. The process combines three body contouring actions to fight cellulite, firm/tone the body and attain a more slender figure.

