



THE
NAIL & BEAUTY
SALON

TREATMENT LIST



NAIL ENHANCEMENTS

young  nails  mani-Q

Full Set of Sculptured Nail Extensions

£42.00 (or £45.00 with Glitter)

Applied using a liquid and powder or gel formula to extend the nail and give a pink/white (french) or natural finish. They can be worn with or without polish or a gel topcoat for that glass like shine.

Full Set of Overlays £32.00

This system is good for those that have the desired nail length. Overlays strengthen the natural nail and enhance the nails with a permanent colour, pink/white or natural appearance.

Infills (Pink) and Reshape £26.50

Due to nail growth, this is required every 2-3 weeks to fill the exposed gap by the cuticle and correct the length and shape of the nail. Nail polish is included if desired.

Infills, Backfills (Pink & White) and Reshape £30.50

As the infill and reshape, but also includes the backfill where the tip line is repositioned and whitened.

Nail Enhancement Tidy £14.00

The nail is shortened, thinned and then varnished making your nails look perfect again.

Enhancement Removal

£22.50 (£8.50 if followed by new set)

The removal of a set of nails. When this process is not followed by a new set, a mini manicure is carried out to leave your nails in the best possible condition.

Nail Repair £5.00

Should you damage, break or lose a nail we will assist by replacing it.

Rockstar Fingers or Toes £25.00

Rockstar is the application of glitter to the nails encased with gel polish, nails are left smooth and incredibly sparkly.

Gelish & Mani Q Gel Polish

£22.50 (£10 supplement with Nail Enhancement, Manicure or Pedicure)

This is a gel polish which sets under a uv light. This miracle nail colour will help protect your nails allowing them to grow. No more leaving the salon with wet nails! It will last 2 or more weeks without chipping, and an ultra-shine finish. We currently have a choice of over 100 colours!

**File & Polish Fingers or Toes (30 mins) £11****Mini Clarins Manicure (45 mins) £16.50**

The cuticles are treated, the nails are shaped and polished.

Prescriptive Clarins Manicure (1hr) £23.50

The hands are sanitized and exfoliated. The hands are soaked and the nails trimmed and shaped to desired shape and length. The cuticles are then treated, followed by a Clarins hand massage with award winning Hand & Nail Treatment Cream. A Jessica or OPI enamel of your choice is then applied.

Luxury Clarins Manicure (1hr 15mins) £29.50

In addition to the Prescriptive Manicure, Clarins Hydraquench Cream Mask is applied on the hands and arms to aid hydration and moisture followed by the luxury hot mittens. This is followed by a luxury massage all the way up to the elbow.

Clarins Spa Pedicure (1hr) £29.50

The feet are sanitized, exfoliated and the dead skin removed. Nails are filed and cuticles are treated. A massage is then carried out to hydrate and nourish. Nails are then polished with desired Jessica or OPI nail enamel. (Please be aware of wet enamel, flip flops are required)

Luxury Clarins Pedicure (1hr 30 mins) £37.50

In addition to the Clarins Spa Pedicure, the feet are treated with a relaxing massage up to the knee and then treated with Clarins Hydraquench Cream Mask aiding total hydration and nourishment. The feet are then placed into heated booties for pure indulgence.

**Callus Peel (30 mins) £19.50
(£15 with a Pedicure)**

Calluses or layers of dead skin can be removed using this simple system. We firstly wrap a skin softening patch around the problem areas of the feet. A special scraper is then used to peel off the dead skin callus, followed by polishing remaining keratin. The treatment is completed by applying moisturizing cream. It is a highly recommended procedure immediately before a pedicure. Results are seen and felt after the first treatment but to start we would recommend a short course of three about 2-3 weeks apart.

French Polish Supplement £2.50

A French Polish can be incorporated into a manicure, pedicure or gel polish treatment to enhance the finished look of the nails.

Crystal Clear is a highly effective form of microdermabrasion. In independent clinical trials, the Crystal Clear Skin System was conclusively proven to dramatically and visibly improve the texture and appearance of the skin. The treatment can be of benefit in a wide range of skin concerns:

- Fine lines and wrinkles
- Blemished and congested skin
- Acne scarring
- Pigmentation and sun damage
- Frown lines and lip lines
- Shaving irritation and ingrown hairs
- Dull, tired skin

A course of 10 weekly treatments is recommended to achieve maximum benefits, after which a monthly maintenance program is advised.

Crystal Clear £39.00

Course of 5 £195* Course of 10 £390**

You may prefer to upgrade to a Luxury Crystal Clear treatment. In addition to the Standard Crystal Clear, you will also benefit from a relaxing décolleté massage and longer application of masque aiding deep nourishment and anti aging proteins.

Luxury Crystal Clear £49.00

Course of 5 £245* Course of 10 £490**

* Includes Crystal Clear Skin Brightening Complex (worth £36) for use between treatments

** Includes Crystal Clear Skin Brightening Complex and Crystal Clear Protect and Repair (worth £72) for use between treatments



Hydradermie² (1hr 15mins) £47.50

An exclusive treatment using Galvanic and High Frequency. Double Ionisation penetrates the active ingredients deep into the skin for optimal results. Customised for each skin type with Rehydrating, Regenerating and Deep Cleansing effects.

Hydradermie² Age Logic (1hr 30mins) £60.00

Specially designed anti-aging, Hydradermie facial concentrating on the eyes, face and neck. Specialised serums are applied to the eye and neck area to nourish and firm, thereby helping to prevent wrinkles.

Hydradermie² Lift (1hr 15mins) £47.50

The immediate lift treatment Hydradermie2 lift brings revolutionary youthfulness and renewed tone by stimulating the facial muscles and providing a massage that lifts the facial features. In the same way the body muscles are sculpted at a gym, this treatment adds a spectacular lift effect to your face after just a few sessions.

Hydradermie² Lift Deluxe (1hr 45mins) £65.00

This pure lifting experience involves muscle stimulation, lymphatic drainage and a luxury massage using Guinot's extra-firming collagen based cream. This is followed by a customised mask to enhance the lifting effect of the machine.

Hydradermie² Lift Yeux (1hr) £45.00

This treatment specifically targets the area around the eyes to reduce signs of ageing, fatigue and puffiness. It rehydrates and regenerates, as well as 'lifting' the eyelids and smoothing fine lines, to restore a relaxed rejuvenated look to the whole eye area.

Hydradermie² Lift Express (50mins) £42.00

Ideal for clients who want a quick treatment. This treatment includes cleansing, exfoliation and muscle stimulation.

Liftosome (1hr) £45.00

Liftosome is a treatment completely dedicated to the firmness and youthfulness of the skin. Pro collagen concentrate and the Thermolift mask are used to diffuse a gentle heat that facilitates the penetration of the active ingredients. The Liftosome treatment is recommended as an intensive treatment or in combination with the Hydradermie Or Beaute Neuvé.

Beaute Neuvé (1hr) £45.00

A facial treatment based on the use of fruit acids and fruit enzymes, amino acids (proteins) and vitamins. These provide a renewing effect on the skin. This treatment is suitable for all skin types and all ages.

N.B. All Guinot Treatments include consultation and prescription time

Mini-Facial (25 mins) £22.50

Relax and unwind with this compact facial. Skin is cleansed and exfoliated followed by applying a prescribed mask to help treat concerns, whilst the mask is working a décolleté massage is carried out. The treatment is finished with a selected eye cream, serum and moisturiser.

Clarins Tri-Active Facial (1hr 25 mins) £50.00

Clarins Tri-Active Facials combine well-being and proven effectiveness with a perfect blend of incredibly effective products formulated by Clarins Laboratories and the exclusive Clarins 100% manual method. This treatment will deliver immediately visible results and help advise on your current beauty regime. This unique treatment treats your body from top to toe including a scalp and decolete massage, hand exfoliation, mask and massage plus foot massage. Your therapist will assist in helping you choose from:

The Youth Activator

Intensive replenishment reactivates the plump,peachy-smooth luminosity of youthful looking skin while contouring and detoxifying massage de-puffs to restore definition to features. The ultimate wakeup call for mature skin.

The Lifting Line Smoother

As skin is retextured and its youth-giving renewal process intensively energised, it instantly becomes smoother, firmer, even lifted and looks refreshed and rested. Just like a week away.

The Radiance Reviver

Dull, tired, stressed skin is intensively detoxified and recharged with a cocktail of antioxidants and super revitalising plant extracts which restore health and radiance. Think multi-vitamin for the skin.

The Moisture Replenisher

Intensively replenishes depleted moisture levels in dry, dehydrated skin which immediately restores softness, suppleness, comfort and radiance. An oasis in the desert that is parched skin.

The Skin Healer

Sensitive skin is immediately and intensively soothed, calmed and repaired to restore softness, suppleness, comfort and radiance. A cooling and healing hand.

The Detox & Shine Stopper

Intensively purifies skin, rebalances oil production, tightens and refines pores so oily, combination and even shiny complexions become clearer, smoother, softer and more matte. A fresh start with a shinefree finish.

N.B. All ClarinsTreatments include consultation and prescription time



CLARINS BODY TREATMENTS

CLARINS

Body Exfoliation (25 mins) £22.50

The body is exfoliated to leave your skin wonderfully smooth, looking/feeling healthy and radiant.

Melting Honey Hot Stones Massage with Relax Honey Massage Gel (1hr 15mins) £47.50

A new, deeply relaxing and uniquely personalised hot stone massage that gently releases tension, soothes aching muscles, eliminates toxins and calms mind and body. The secret is in the intuitive way the therapist uses her hands in harmony with 9 smooth, individually shaped, heat-releasing marble and slate stones. Intensified by a melting honey massage gel, rich in relaxing aromatic essential oils.

Melting Honey Hot Stones Massage with Tonic Honey Massage Gel (1hr 15mins) £47.50

The highly personalised and energising nature of this new hot stone massage gently releases muscular tension, eliminates toxins and restores mind and body vitality. Again the secret is in the way the therapist uses her hands in harmony with 9 smooth, individually shaped, thermal and energising marble and slate stones. And it's enhanced by a melting honey massage gel, rich in invigorating aromatic essential oils.

Rebalancing Massage with Relax Essential Oils (1hr 25mins) £47.50

This deeply relaxing, rhythmic full body massage releases even long-standing knots and tensions within the deeper muscle layers, using a bespoke sequence of slower movements and pressure point techniques. The relaxation is intensified with an essential oil blend rich in deeply soothing Basil, Camomile and Petit Grain.

Rebalancing Massage with Tonic Essential Oils (1hr 25mins) £47.50

Using a bespoke sequence of more energising movements and pressure point technique, this deep and rhythmic full body massage not only releases muscular knots and tensions but restores vitality and flagging energy levels. The effect is intensified with an essential oil blend rich in invigorating Rosemary, Mint and Rosewood.

SWEDISH MASSAGE

Face and Scalp 25 mins £22.50

This treatment establishes harmony of mind and body. It can help to reduce conditions such as stress, anxiety, tiredness, skin problems, sinus and headaches.

Foot Massage 25 mins £22.50

This is one of the most unbelievably relaxing treats that you can have. It is an ideal treatment to release blockages in the systems of the body and is ideal for stress relief, aches and pains, fatigue and much more.

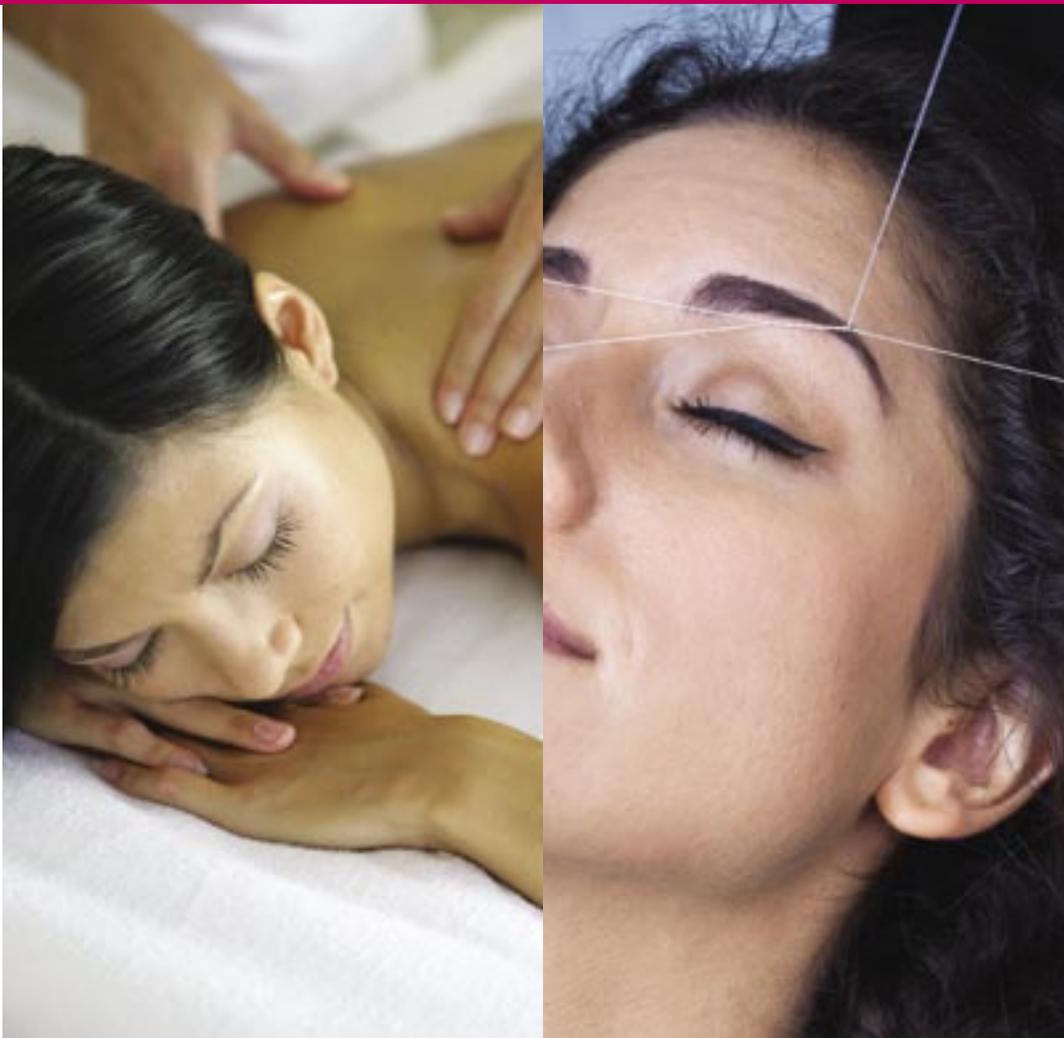
Back, Neck and Shoulder Massage

25 mins £22.50 45 mins £32.50

This massage is designed to alleviate stress and tension in those hard to reach areas. Ideal for those who may not experience regular massage as the key areas of tension are addressed. Various techniques are used to perform both a relaxing and effective treatment to leave you de-stressed.

Body Massage 55 mins £37.50

Unique hand movements are used on the skin to promote relaxation, healing and well being. A good way to relax and have a feeling of balance and calm, as well as setting yourself up for a peaceful night of sleep.



THREADING HAIR REMOVAL

An ancient method of hair removal originating in the East. We use a pure, thin, twisted cotton thread which is rolled over your areas of focus plucking the hair at the follicle level. It is a preferred hair removal technique as unlike tweezing, eyebrow threading removes one clean line of hair all at once, making it much quicker and easier to shape and train.

Eyebrows £10.00

Lip or Chin £9.00

Lip & Chin £15.00

WAXING

Eyebrows £9.00

Brazilian £30.00

Lip or Chin £7.50

Hollywood £35.00

Lip & Chin £13.50

Full Leg £24.00

Underarm £10.00

Half Leg £15.00

Full Arm £16.00

**Full Leg Wax
inc Bikini** £33.50

**Full Arm
inc Underarm** £22.00

**Half Leg Wax
inc Bikini** £25.00

Half Arm £11.50

Upper Leg £17.50

Back £22.00

Bikini £10.00



FAKE BAKE SPRAY TANNING



Fake Bake gives an instant sun-kissed colour and develops into a long lasting sunless fake tan guaranteeing longer lasting more natural-looking results. We have original or dark tanning which allow us to personalise the treatment to your skin type.

Full Body £20.00 **Half Body** £15.00

HD BROWS



A unique treatment for creating perfectly well-groomed and high definition eyebrows, transforming the way you look and feel. Unlike other eyebrow treatments that use a 'one shape fits all' technique our stylists assess face shape and colouring before creating a bespoke brow, tailored exclusively for the client.

Using a combination of skills, from preparation and personal consultation to custom blending, designing, creating and tailoring the shape as well as customised aftercare, HD Brows stylists can transform a face to such an extent that the effect has been likened to a mini facelift. **£30.00**

EYES



Lash Perfect Semi-Permanent Eyelashes

Lashes are made thicker and longer through professional application of individual synthetic eyelashes to your own. Perfect for daily wear or for an active lifestyle. Waterproof, durable and resistant to extremes of temperature.

Full Set (2 hrs) £69.00

Half Set (1 hr) £37.50

30-50 lashes applied intermittently along each lash line to give the appearance of thicker and slightly longer lashes

Lash Flicks (45 mins) £27.50

lashes are applied to each lash line, concentrating at the outer corners to give a flick effect

Maintenance £18.50 per 30 mins

(Every 2/3 weeks)

Express Mink Eyelashes (30 mins) £25.00

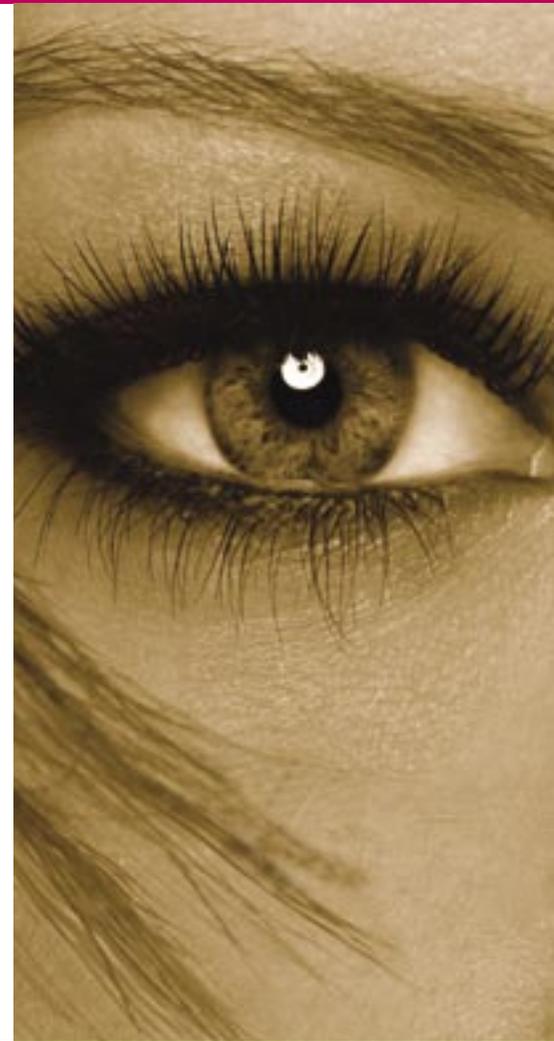
This treatment involves individual lash extensions applied using an express technique, giving a soft and luxurious appearance creating a natural effect.. A full set should last 1-2 weeks and maintenance is not required as the lashes must be removed professionally after this time

Express lash removal £7.50

Tinting

Eyelashes £12.50

Eyebrows £7.50



SPECIAL PACKAGES

Double Lash £20.00

Two eyelash tints within 10 days giving a longer lasting & more intense effect

The Eyes £23.00

Eyebrow Wax/Shape, Eyebrow Tint & Eyelash Tint

Total Gelish or ManiQ £39.00

Gel polish on both the fingers and toes

Clarins Manicure & Pedicure £50.00

Natural nail care for fingers and toes

Ultimate Foot £55.00

Callus Peel, Luxury Jessica Pedicure & Foot Massage

Complete Mini Pamper £72.00

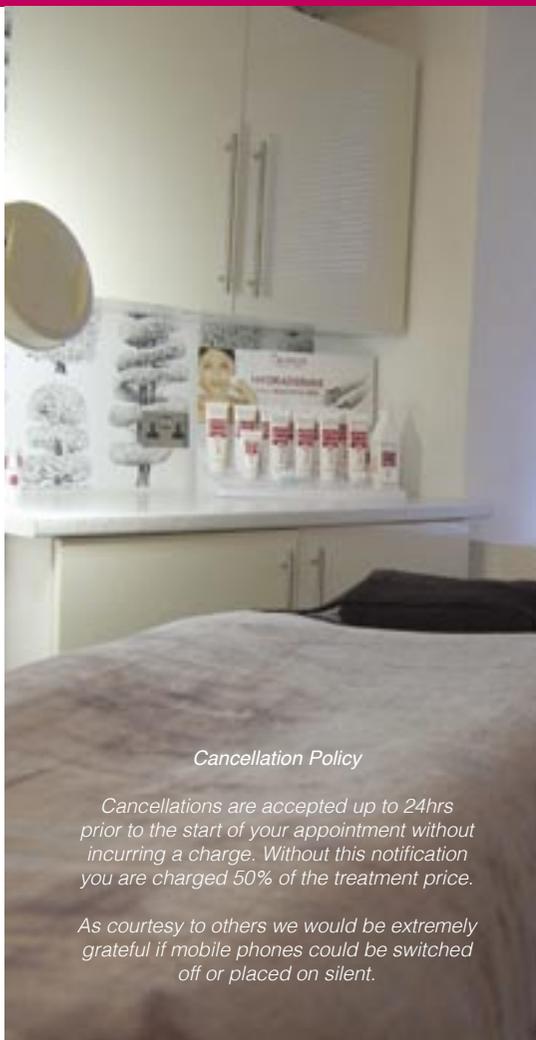
Back, Neck & Shoulder Massage (25 mins)
Mini Facial, Mini Pedicure & Mini Manicure

WEDDING TREATMENTS

We are experienced at tailor making treatment packages to help enhance your special day.

CHILDREN'S PARTIES

We can cater for up to 20 young ladies to be pampered with a mini miss manicure and/or pedicure. Please contact us for more details.



Cancellation Policy

Cancellations are accepted up to 24hrs prior to the start of your appointment without incurring a charge. Without this notification you are charged 50% of the treatment price.

As courtesy to others we would be extremely grateful if mobile phones could be switched off or placed on silent.

MAKE THE MOST OUT OF US
GIFT AND LOYALTY CARDS AVAILABLE



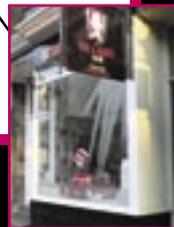
OPENING HOURS

Mon - Wed & Fri:
9.30am - 5.30pm

Thur 9.30am - 7.00pm

Sat 9.30am - 4.30pm

Sun - Closed



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